



Run Course

Bike Course

MOUNT LINE

DISMOUNT LINE

Jr. Sprint Transition Area

Michener Pool

Michener Hill Curling Assoc

Finish Line

Bike Out

Bike In

Transition Area

Swim In

Body Marking, Chip Timing, Volunteer Tent

Run Out

Athlete Food  
Draw Prizes  
Pancake Breakfast  
Vendors  
Lost & Found  
Medical Results

No Parking - Drop Off Only

Parking available in East lot

Michener Bend

40 Ave

51a St

51a St

Roland M Recreation