Bike Course
Try-a-Tri—6.7 Km x 1 Loops
JR/ADULT/RELAY/DUATHLON —6.7km x 3 loops
Gaetz Lakes Migratory Bird Sanctuary
Riverside Dr
Lions Campground
WASKASOO
Lindsay Thurber Comprehensive High...
49 Ave
MICHENER HILL
50 St
City of Red Deer
49 St